Attaching the Arena grab ring and which fitting to use.

Does your bed mechanism sit inside the bed surround? Picture A (for hook)

or is it level with the bed surround Picture B (for shimmy)?

If it is level then the shimmy should be used but if the mechanism sits inside as in picture A below then it is the hook.

Non moving part Slatted bed frame

Two types of fittings

A is used when the frame sits inside the bed surround as below

B is used when the frame sits level or just below the bed surround (most common type)



A is hook and B is Shimmy



Moving part of











